



Odonata Ecovillage & Newburyport Yoga Center present:



Deep Listening & Compassionate Speech

A Non-violent Communication Workshop with
Peggy Smith



Whether you want to improve your relationship to yourself or others, your participation in this workshop will open new doors and expand your options. Participants will gain concrete skills for using daily conflicts to relate more authentically and compassionately. You will become empowered through empathetic presence to transform usual ways of thinking and open to opportunities for radiant connections.

Saturday June 11 (10am—5pm) & Sunday June 12 (9am—3pm)
Newburyport Yoga Center, 12 Maple St., Newburyport, MA 01950

\$95 by May 15 or \$125 after May 15

To Register: lyra@odonatavillage.org or 978-465-3935

Peggy Smith is a certified NVC Trainer with the Center for Non-violent Communication. She holds an MA from the University of Pennsylvania and taught school for 32 years. Peggy brings her extensive teaching skills, humor and presence to facilitate a highly engaging learning experience. A student of Thich Nhat Hanh, Peggy is an active member of his Order of Inter Being. Her work is a synthesis of mindfulness and compassionate communication.

